



HOW THE RACE WORKS

COMPETITOR REGISTRATION:

All teams must check in with race staff at race headquarters to complete all paperwork. Teams will then go through a quick gear check to ensure all items are present. Once completed your team will receive a Competitor Kit which includes: 3 race jerseys; 3 bike plates (with zip ties); 3

TIME	ACTIVITY
0730 - 0900	Volunteer Check-In
0730 - 0900	Competitor Registration
0845 - 0915	Competitor Briefing & Map Distribution
1000	Race Start
1800	Race Officially Ends
1700	Dinner Begins
1730	Awards & Prizes

Salomon Adventure Challenge Series T-Shirts; the Team Passport; 3 Dinner tickets; and, promotional material. The race jerseys must be worn at all times during the race (beginning at gear check), the bike plates must be attached to the front of each bike, and please ensure that you have your passport with you for the duration of the race (otherwise your team will incur a time penalty).

COMPETITOR BRIEFING & MAP DISTRIBUTION:

At 0845, all teams must meet for the Competitor Briefing. This is when the teams are introduced, any unanswered questions are addressed, and the racecourse is revealed (eg. distribution of maps and course instructions). This will end at 0915, leaving each team until 1000 to plot the Checkpoints, review the maps and instructions, complete any final preparations, and get to the start line. **Do not worry as this is more than enough time!**

RACE START:

Teams will gather in the designated area for a 1000 mass start. At the word 'GO', your adventure begins. You must reach each checkpoint (proof is a signed passport at each CP) in the order specified at the Competitor Briefing and within the 8 hour time limit to complete the racecourse. Your team's pace is up to you – push for the win or just enjoy the authentic wilderness race experience.

RACE CUT-OFF:

Teams have until 1800 to complete the entire racecourse. Finishing teams within the 8-hour time limit and who have reached each checkpoint will be recorded in the final standings as a ranked team. If your team does not finish before the cut-off time or if you miss a checkpoint, you will be recorded as 'Unranked' or 'DNF'.

DINNER AND AWARDS PARTY:

The participant dinner is served at 1700 (family and friends can purchase meal tickets at the FAR Inc. booth) and the prizes and special awards presentation begins shortly thereafter. This is a great time to tell your team's tale of the race, meet the other teams, and thank the volunteers.

The top 3 teams in both categories (open & coed) will receive adventure racing gear from Salomon, special prizes will be awarded, and several spot prizes will be given out – but you have to be there to collect your spot prize! As well, all finishing teams earn a Salomon Adventure Challenge medal.